

1st America's Meeting of Research on Psychosocial Factors, Stress & Mental Health at Workplace

October 12th, 13th and 14th (2006),
Cuernavaca, Morelos. México

"New Paradigms for New Systems of Work: A Challenge for the Quality of Work Life"

Presentation

The Psychosocial Factors at work research theme is relatively recent. An Expert Committee, composed by people from the International Labor Organization (ILO) and the World Health Organization (WHO) had a meeting in 1984. They brought to light official reports in which was concluded that these aspects influence the health and the performance of the workers and therefore, a problem of necessary caution and prevention. In this way, an official recommendation of international character was done to attend to this problem.

In recent years and in a consistent way, an extensive body of investigations carried out in U.S and Europe mainly, have shown that psychosocial factors do not only represent a problem of health in itself, but also are related to diverse problems of chronic health, such as cardiovascular disease and hypertension, which certainly hold the main rates of morbidity and mortality in industrialized countries.

There is no doubt that the current globalization world and the every day's changes have determined the characteristics of the job design and also the effects of it in human beings, affecting their health and their whole quality of life. Nevertheless the evidences; their attention in Latin-American countries has been put sideways.

One of the most common conclusions in the international forums of the theme has been the lack of investigation in Latin America. Even worse, is true that in Latino America the characteristics and systems of work are hypothesized more adverse and with paradigms of occupational health increasingly more obsolete (emphasis only in chemical and physical risks factors).

In this sense, has been glimpsed since a long time ago the urgency to cover this need, what has become a challenge for the Latin-American investigators involved in work, health and organizations research. The next decades will be the necessary space to go on covering this need, and because of it, the initial step to address it is the organization of the "*1st America's Meeting of Research on psychosocial factors, Stress and Mental Health in the Workplace*" with the interest and initial support from USA colleagues and Mexican researchers, as well as with the participation of investigators from Argentina, Chile, Colombia and Ecuador. Therefore this is a first step to build a team of researchers from all the America's Continent.

The meeting has been planned with the interest of diverse institutions and with the main support of the UCLA/Fogarty Program from US, particularly Dr. Froines and Dr. Schnall, whom contribution to the psychosocial factors research in Mexico has been very important. We appreciate their support and also the collaboration of the authorities of the Universidad Autonoma del Estado de Morelos (UAEM), as well as other instances such as the Metropolitan Autonomous University (UAM), the National University (UNAM), the University of Guadalajara (UdeG), among others.

The forum will include the participation of the best Mexican researchers and prestigious international experts in this area. It will be a very favorable space for the exchange among investigators, students and professionals interested in this area, with emphasis on the research, the updating and formation in the theme.

We expect to include your participation as the grain of sand in the conformation of an initiative for the benefit of workers, organizations and society in general.

We wish the best of the welcomes and we expect that you enjoy the marvelous world of the Research on the psychosocial factors, Stress and Mental Health in the Workplaces.

Sincerely

Dr. Arturo Juarez Garcia
Organization Committee Chair

Objectives of the Conference:

1. To identify the current situation of the psychosocial factors at work research issues and their impact on mental & physical health in workers, with special emphasis in Mexico and other Latin-American countries.
2. To detect necessities and opportunity areas of this topic at research, diagnostic, surveillance and intervention levels so as to promote the well-being and the quality of the workers' life.
3. To create and to offer a forum focused on the diffusion, training and exchange of information of the topic based on in the investigation and generation of the knowledge of the highest international level
4. To promote the exchange among researchers, students and professionals interested in the topic with emphasis in the formation, updating, and possibilities of advanced training.
5. To establish an initial space that prompt future consolidation of a permanent forum where research advances of the topic could be presented at least every two years, as well as the constitution of an international formal net of researchers and experts in the job psychosocial factors topic from the America's continent.

Local Organization Committee (UAEM):

Dr. Arturo Juarez Garcia
Dr. Fernando Bilbao
Dr. Fernando Arias Galicia
C.P Miguel Angel
Psic. Noemi Nava
Psic. Anabel Camacho Avila
Lic. Clara Ivette Hernández
Lic. Ismael Adrian Gomezcaña
Lic. Bulmaro Martin Samano

External-Scientific committee:

Dra. Susana Martínez (Metropolitan Autonomous University)
Mtra. Elvia Luz González (University of Guadalajara)
Dr. Manuel Pardo (University of Guadalajara)
Dr. Horacio Tovalín (UNAM Zaragoza)
Dr. Jorge Sandoval (UNAM Zaragoza)
Mtra. Elena Hernández (UNAM Iztacala)

Sponsors- International committee:

Dr. John Froines, UCLA/Fogarty Program
Dr. Peter Schnall, UCLA
Dra. Mandana Hashemzade, UCLA/Fogarty Program

Conference Themes:

- Models and methodologies for Job psychosocial factors analysis.
- Job exhaustion or Burnout.
- Work demands and mental injuries (Anxiety, depression, somatic complaints, etc) in Workers.
- Stress, Job strain and cardiovascular disease.
- Personality and Stress at work.
- Mental workload and cognitive Ergonomics.
- Organizational Violence (Mobbing and Aggression at Workplace).
- Psychological analysis of the Work, among others.

Contact Information

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 Pico de Orizaba # 1, casi esq. Popocatepetl, Col. Los Volcanes, Cuernavaca Morelos.
 Tel. (01 777) 322 45 90 y 91.
 e-mail:
noeminr@hotmail.com
reunionfps@yahoo.com.mx

Registration Fees:

General Admission: \$350 Mexican Pesos
 Professors: \$300 Mexican Pesos
 Students: \$200 Mexican Pesos

HOTEL RESERVATIONS:

Unidad Profesional-Hotel: "Los Belenes"
 Av. Coronel Ahumada N° 49, Col. Lomas el Mirador CP62350
 Cuernavaca Morelos, México.
 Tels (01777)322-05-14, 3154797, fax (01777) 322-0513

OTHER NEARBY HOTELS:

Suites Quinta del Gobernador (www.quintadelgobernador.com.mx)
 Hotel Vista Hermosa (<http://www.hotelvistahermosa.com.mx/>)
 Hotel Barceló (<http://www.escape.com.mx/hotelbarcelocuernavaca.htm>)

CALL FOR ABSTRACTS

Instructions for shipment of works:

- Only works for Poster session will be received with quota limited, since the spaces for oral presentations, have been previously planned.
- It will be indispensable that all the works must refer to a research in the theme of

Psychosocial Factors, Stress and Mental Health in the Work or synonymous concepts.

- So as to devise the proceedings, all the works (either oral presentation or posters) will be received "in extensive" with a minimum of 3 and maximum of 5 sheets, with space of 1.5 and letter type "ARIAL" size "11" in Word from Office software.
- Your writing could include maximum 2 images (table, graphic or figure) inside the same text, whenever they have carried out with the following software: SPSS, Word, Power Point, Excel, Paint or PDF.
- The sections and structure that your writing should contain are:
 - a) A Summary in English (maximum 200 words).

The following sections in Spanish:

- b) Introduction
- c) Methodology
- d) Results
- e) Discussion and Conclusions
- f) Results
- g) References.

- All the expert investigators that were guests to give oral presentations will have to comply with the format here established and should deliver its presentations in September 8 for their inclusion in the proceedings.
- In the case of works for poster presentation, they have to be send to: reunionfps@yahoo.com.mx. Limited date: August 25.
- Any doubt or comment write to the electronic direction before cited.

PROPOSED PROGRAM (DRAFT)

Time	Thursday, 12th October		Friday, 13th, October	Saturday, 14th October
9:00	Workshop	Registration	Keynote: "Psychosocial factors at workplace: advances in Spain" Dr. José Ma. Peiró (Universidad de Valencia, Spain).	Keynote: "El SWS as Alternative to Measure Organizational Stress" Dr. Rodolfo Gutiérrez (Fac. Psicología UNAM)
9:30	Possible agenda: Fogarty program, Formal establishment of Latinamerican researchers net		Plenary 3 "Topics on Job Psychosocial Factors" To moderate: Lic. Clara Ivette Hernández	Keynote: "Case Studies of Psychosocial factors & Mental Disturbances in Workers" Dra. Susana Martinez (UAM Xochimilco)
10:00			Participants: Mtra. Elvia Luz González (U de Guadalajara) Mtra. Leonor Delgadillo (UAEM Edo.México) Dr. Manuel Pando (U de Guadalajara) Mtro. Hector Duarte-Tagles (CESUES)	Plenary 7. "Institucional View of Psychosocial Factors at Workplace" To Moderate: Mtra Martha Elva González (UAEM)
10:30				Participants: Lic. Alejandro Muñoz (Union Representative ISSSTE) Lic. José Antonio Valencia (Federal Work Secretary, STPS) Dr. Rodolfo Nava (UNAM) Dr. Julio Maldonado (CMMT)
11:00				
11:30	Welcomed Dr. Fernando Bilbao (UAEM) Mandana Hashemzadeh (UCLA-Fogarty)	Keynote "Psychosocial Factors & Cardiovascular Disease Studies at USA" Dr. Peter Schnall (UCLA)	Participants: Dr. Jorge Sandoval (UNAM Zaragoza) Dr. Felipe Uribe (Fac Psicología UNAM) Dra. Ma. Eloisa Dickinson & Lic. Clara Ivette Hdez (UNAM) Mtra. Martha Elva Glez & cols (UAEM)	Plenary 8 "Practical Applications & Future Perspectives of Job Psychosocial Factors Issues" To moderate: Dra. Susana Martinez
12:00	Plenary 1 "Conceptual Reflections about Psychosocial factors at work" To Moderate: Dr. Fernando Arias Galicia. Participants: Dr. Germán Gómez (UNAM Zaragoza) Dra. Josefina Ramírez (INAH)	Plenary 2 "Demand/Control Model Studies in México" To Moderate: Dr. Jorge Sandoval Participants: Dra. Leonor Cedillo Dr. Belmar Toledo Mtra Elena Hernández Mendoza Dr. Arturo Juárez	Plenary 5 "Job Psychosocial Factors Research in Latinamerican countries" To moderate: Dr. Arturo Juárez Participants: Mtro. Aldo Vera (Universidad de Chile) Mtro. Miguel Orellano (Argentina) Dr. Jorge Román (INSAT, Cuba) Dra. Vivíola Gómez & Luz Ampáro Pérez (Universidad de los Andes, Colombia)	Participants: Dr Jorge Sandoval Ocaña Dr. Manuel Pando
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13:30				
14:00	Break	Break	Closed Session Dr. Arturo Juarez Garcia (UAEM).	
14:30	Lunch	Lunch		
15:00	Plenary 2 "Demand/Control Model Studies in México" To Moderate: Dr. Jorge Sandoval Participants: Dra. Leonor Cedillo Dr. Belmar Toledo Mtra Elena Hernández Mendoza Dr. Arturo Juárez	Plenary 5 "Job Psychosocial Factors Research in Latinamerican countries" To moderate: Dr. Arturo Juárez Participants: Mtro. Aldo Vera (Universidad de Chile) Mtro. Miguel Orellano (Argentina) Dr. Jorge Román (INSAT, Cuba) Dra. Vivíola Gómez & Luz Ampáro Pérez (Universidad de los Andes, Colombia)		
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16:00				Plenary 5 "Job Psychosocial Factors Research in Latinamerican countries" To moderate: Dr. Arturo Juárez Participants: Mtro. Aldo Vera (Universidad de Chile) Mtro. Miguel Orellano (Argentina) Dr. Jorge Román (INSAT, Cuba) Dra. Vivíola Gómez & Luz Ampáro Pérez (Universidad de los Andes, Colombia)
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17:30	Poster Session	Poster Session		
18:00	Keynote "Quality of Work Life" Dr. Fernando Arias Galicia (UAEM)	Plenary 6 " Job Fatigue Research" To Moderate: Mtra. Elvia Luz. Glez. Participants: Dr. Horacio Tovalín (UNAM Zaragoza) Mtro. José Antonio Ramírez (UNAM Iztacala)		
18:30	Welcome Reception	Plenary 6 " Job Fatigue Research" To Moderate: Mtra. Elvia Luz. Glez. Participants: Dr. Horacio Tovalín (UNAM Zaragoza) Mtro. José Antonio Ramírez (UNAM Iztacala)		
19:00			Plenary 6 " Job Fatigue Research" To Moderate: Mtra. Elvia Luz. Glez. Participants: Dr. Horacio Tovalín (UNAM Zaragoza) Mtro. José Antonio Ramírez (UNAM Iztacala)	